



First session preparation - 080909

1. Concentrate on QUALITY.

Read out a text as an artist sings a song.

2. **LENGTHEN VOWELS.**

To do so enables to articulate better. A sentence is less "chopped" when you speak so.

3. POEMS are particularly suited to quality rehabilitation work.

Indeed, a poem is a melody with rimes, alliterations, assonances... you have to vocalize this melody.

In addition, its shortness makes you concentrate more on the quality of your speech.

To summarize, you have to "regale" yourself with a sentence.

As for now, you speak correctly only with the persons who are close to you. Tomorrow, you will have to speak well with people with whom you will have a professional relation.