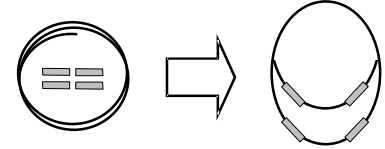




Relearning tones and breath use in speech,  
controlling better speech and speaking faster



## **Re-learn tones and the use of breath in speech, control speech and speak more quickly → theatre plays**

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**Rehabilitation task** : relearning tones and the use of breathing air, and important rehabilitation work on many articulations (hence, speech more controlled and faster).

**Effect on my rehabilitation case** : regaining the ability to express tones, controlling my speech, speaking faster.

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### **Practice details**

Practice time period : 3,5 months

Daily practice : 8h

### **Comments**

#### **Selection of theatre plays for personal speech rehabilitation**

I found reading theatre plays out loud very tiring if they were not :

- very funny or captivating
- in “prose” (not in verses, which make reading them out loud “heavy”)

## List

The French version of this file includes a list of plays adapted to rehabilitation.

I do not include the complete list as many of its plays may be only available in French. However, I mention hereunder plays which have a high likelihood of having been translated from French into the language of the person who wants to rehabilitate. The name of the author of the play may be a helpful reference to find it.

- **Molière**

*Les fourberies de Scapin*

*L'avare*

*Le médecin malgré lui*

*Le bourgeois gentilhomme*

*Les précieuses ridicules*

*Le tartuffe*

- **Albert Camus**

*Caligula*

- **Samuel Beckett**

*En attendant Godot*

- **Edmond Rostand**

*Cyrano de Bergerac*

- **Jules Romain**

*Knock*

- **Eugène Ionesco**

*Rhinocéros*