



## **Rehabilitation timetable** - 111408

I prepared this timetable in November 2008, but began to use it only in December for my last quarter of speech rehabilitation.

# "Pure speech rehabilitation" - Final stage - Timetable

## I - Speech rehabilitation

6h40

### 6h00-9h00

9h00-9h30

Pause - Happy neuron electronic neuronal training games and Quarto physical tactical game

#### 9h30-12h00

12h00-13h30

Pause - News, washing myself, lunch

### 13h30-14h40

14h40-16h30

Free time

## II - Intellectual upkeep

3h30

GMAT exercices, especially from the verbal section

#### 16h30-19h00

19H00-20H00

Pause - Dinner

## 20h00-21h00

21h00-21h30 Pause - Brushing my teeth

# III - Bedtime reading

1h

Reading the nature magazine for kids  $La\ Hulotte$  (the tawny owl).

22h30 Sleep